



INVITATION

THROB - 2017

BABA FARID UNIVERSITY OF HEALTH SCIENCES, FARIDKOT

6TH INTER - COLLEGE

(MEDICAL & DENTAL)

SPORTS AND CULTURAL FESTIVAL

SEPT. 07-09-2017 TO 09-09-2017

VENUE

GURU GOBIND SINGH MEDICAL COLLEGE

FARIDKOT

GURU GOBIND SINGH MEDICAL COLLEGE AND HOSPITAL. FARIDKOT

THROB-2017

6th INTERCOLLEGE (MEDICAL&DENTAL)SPORTSANDCULTURAL FESTIVAL

Rules for Cultural Items of Fest - 2017

DANCE

GIDHA:

1. Only one entry per institution is allowed.
2. 8 to 11 Participants are allowed & one accompanist (Specifically Dholky Master)
3. Dhol is not allowed.
4. Time Limit is 10 to 12 minutes.
5. The "BOLI" should not be vulgar or anti-social.
6. The introduction of the team & about the dance will also be counted in the above given time Limit.
7. "Bolian" should be according to the situation of the scene & culture of Punjab and should not be sung from the back stage.
8. The Judgment will be based on dress, foot steps, bolian according to dance, clapping style, music rhythm & tall etc.
9. CD/ DVD is not allowed.

BHANGRA:

1. Only one entry per institution is allowed.
2. 8 participants are allowed & 4 accompanist as play back singers including Dholak Maser.
3. Time limit is 10 to 12 minutes.
4. The boli should not be vulgar or anti social.
5. Bolian should be according to the situation of the scene & culture of Punjab.
6. Bangra should be based on JHUMAR,LUDI,MIRJA,BHANGRA,DHAMAL,FUMANIA etc.
7. The introduction of the team & about dance Bhangra will also be counted in the above given time.
8. The Judgment will be based on dress, foot-steps, rhythm& tall etc.
9. CD/DVD is allowed

WESTERN DANCE (GROUP)

1. Only one entry per institution is allowed.
2. 6-12 members per team.
3. Time limit is 6-9 minutes.
4. The team will be judged on choreography, energy, expressions, song selection, costume selection and coordination.
5. Use of fire is not permitted on the stage.
6. Brings your track in audio CD.
7. The Judges' decision will be final & binding.

LITERARY EVENTS

ELUCUTION:

1. Each institution will be represented by one speaker.
2. The elocution can be in Punjabi, Hindi or English.
3. Time limit 4 to 6 minutes.
4. Subject/Topic of elocution will be announced in the morning before the competition. Participants can choose one out of the given three topics and will present their views on the stage.
5. The judgment will be on speech pattern, language, way of pronunciation and thematic value of the elocution.

POETIC RECITATION CREATIVE:

1. One participant per team is allowed.
2. Time limit 3 to 5 minutes.
3. The poem can be in Punjabi, Hindi or English.
4. Recitation can be rhythmic but should not be sung. Subject/topic will be announced in morning before the competition.
5. The participants will choose one out of given three topics and will write their own poem and recite same on the stage.
6. The judgment will be based on the topic and its way of presentation.

MUSIC

FOLK SONG

1. Only one participant from each team is allowed.
2. Time limit 4 to 6 minutes.
3. Two accompanists are allowed.
4. It can be a old LOK GATHA like Mirza, Heer, Sassi etc. or the lyricist of which is not known or something which is socially accepted as a folk song.
5. Harmonium is not allowed. Only lok Sajj like Tumbi, Sarangi, Algoje, Vanjali, Dhol, Dhoiki, Ghara, Dafli and Chimta are allowed.

GEET/GAZAL

1. Only one entry per college is allowed.
2. Time limit 4 to 6 minutes.
3. Three accompanists are allowed.
4. It can be an item already sung by any singer.
5. Filmy songs are not allowed.

RAP BATTLE

1. Only one entry per college is allowed
2. Time limit 3 to 5 Minutes.
3. The lyrics should not be vulgar or anti- social

INSTRUMENTAL PLAY

1. Only one entry per institution is allowed.
2. 10 minutes will per participant (including time taken for running)
3. Participants have to bring their own instruments.
4. Two accompanists are allowed.
5. Judgment can be based on the qualities like selection of raga, composition and general impression.

CARROM-BOARD:

1. Matches will be played on knock out basis.
2. Maximum two entries are allowed from a college in each of the categories. (Boys & Girls)
3. Matches will be played on point basis.

Outdoor Games**VOLLEY BALL (Boys)**

1. The volley ball matches are only for boys.
2. There will be 12 players in one team.
3. Each match will be played best of 3 sets.
4. Final match will be played best of 5 sets.
5. One set will be of 25 points.
6. Tournament will be played on knock out basis.
7. Remaining rules according to the volleyball federation of india.

FOOT BALL

1. Rules according to FIFA

CRICKET

1. 15 over per side match
2. Leather Ball.
3. 11 players per team.
4. All matches are played on knock out basis.
5. Remaining rules are according to ICC.

BASKET BALL

1. Rules According to Basketball Federation of India

General Rules & Regulation for "Fest-2017"

1. All students must have their college identify card with them, for delegate card.
2. Delegates must carry two passport size photographs with them for delegate card.
3. Only the delegate card holder will be allowed entry in various events/items.
4. Any misconduct shall amount to cancellation of delegate card and blacklisting of the college for further participation.
5. The delegate must shall have to bear the expenses for any loss or damage to University/ College property in any form of their part.
6. Smoking and drinking is strictly prohibited.
7. Delegates shall be responsible for their own belongings.
8. Accommodation within the college premises or nearby is limited and would be on the basis of the distance of the institution from Faridkot.
9. The organizing committee has the right to admission and to change or cancel any item or event without any prior notice.
10. Anykind of vulgarity on the stage lead to point deduction or disqualification of the team.
11. In case of any discrepancy, the decision of the Fest 2017 organizing committee will be final and binding.
12. Delegates are requested to report at least half an hour before each even on the respective venue.
13. Please Contact the concerned organizing committee incharge for any query related to items/ events

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7th Sept. 2017 To 9th Sep 2017

TIMINGS FOR EVENTS ON 07-09 2017		
INAUGURATION 10:00AM TO 10:30AM		
S.NO.	EVENT	TIMINGS
1	GIDDHA	11:00AM-1:00PM
2	ELOCUTION	01:00PM-02:00 PM
3	POETIC RECITATION	02:30PM-03:30PM
4	CHOREOGRAPHY	03:30PM-05:30PM
5	FASHION SHOW	05:30PM-07:30PM
6	STAR NIGHT	08:00PM-10:00PM
7	DJ NIGHT	10:00PM ONWARDS
TIMINGS FOR EVENTS ON 08-09-2017		
S.NO.	EVENT	TIMINGS
1	FOLK SONG	09:00AM-10:00PM
2	GEET/GHAZAL	10:00AM-11:30 AM
3	SKIT	11:30AM-01:00PM
4	RAP BATTLE	01:00PM-01:45PM
5	WESTERN DANCE-SOLO	02:15PM-03:30PM
6	WESTERN DANCE- GROUP	03:30PM-06:00PM
7	STAR NIGHT	08:00PM-10:00PM
8	DJ NIGHT	10:00PM ONWARDS

10	RANGOLI	OFF STAGE(10:00AM -01:00PM) On 08-09-2017
11	COLLAGE	
12	POSTER MAKING	
13	DEAD LIFT	

TIMINGS FOR EVENTS ON 09-09-2017		
S.NO.	EVENT	TIMINGS
1	INTRUMENTAL PLAY	08:30AM-10:00AM
2	BHANGRA	10:00AM-01:00PM
3	PRIZE DISTRIBUTION	01:30PM-03:00PM

Principal
G.G.S.Medical
College Faridkot

Organizer Committee

Charanjeet Singh (Intern)

(98159-91847)

Kheman Grover (Intern)

(94782-15508)