

## **INSTRUCTIONS TO AUTHORS**

Manuscripts must be prepared in accordance with "Uniform requirements for Manuscripts submitted to Biomedical Journal" developed by International Committee of Medical Journal Editors (October 2001). The uniform requirements and specific requirement of Baba Farid University Nursing Journal are summarized below. Before sending a manuscript contributors are requested to check for the latest instructions available.

### **THE EDITORIAL PROCESS**

The manuscripts will be reviewed for possible publication with the understanding that they are being submitted to one journal at a time and have not been published, simultaneously submitted, or already accepted for publication elsewhere. The Editors review all submitted manuscripts initially. Manuscripts with insufficient originality, serious scientific flaws, or absence of importance of message are rejected. The journal will not return the unaccepted manuscripts. Other manuscripts are sent to two or more expert reviewers without revealing the identity of the authors to the reviewers. Within a period of eight to ten weeks, the contributors will be informed about the reviewers' comments and acceptance/rejection of manuscript. Articles accepted would be copy edited for grammar, punctuation, print style, and format. Page proofs will be sent to the first author, which has to be returned within five days. Correction received after that period may not be included. All manuscripts received are duly acknowledged.

### **TYPES OF MANUSCRIPTS AND WORD LIMITS**

Original research articles Randomized controlled trials, intervention studies, studies of screening and diagnostic test, outcome studies, cost effectiveness analyses, case-control series, and surveys with high response rate. Up to 2500 words excluding references and abstract.

### **SHORT COMMUNICATION**

A short communication consists of report up to 1500 words excluding references and abstract and up to 5 to 10 references

### **CASE REPORTS**

New / interesting / very rare cases can be reported. Cases with clinical significance or implications will be given priority, whereas, mere reporting of a rare case may not be considered.

Up to 2000 words excluding references and abstract and up to 10 to 15 references.

## REVIEW ARTICLES

Systemic critical assessments of literature and data sources. Up to 3500 words excluding references and abstract.

## LETTER TO THE EDITOR

Should be short, decisive observation. They should not be preliminary observations that need a later paper for validation. Up to 400 words and 4 references.

Announcements of conferences, meetings, courses, awards, and other items likely to be of interest to the readers should be submitted with the name and address of the person from whom additional information can be obtained. Up to 100 words.

## AUTHORSHIP-CRITERIA

All persons designated as authors should qualify for authorship, and all those who qualify should be listed. Each author should have participated sufficiently in the work to take public responsibility for appropriate portions of the content. One or more authors should take responsibility for the integrity of the work as a whole, from inception to published article.

## AUTHORSHIP-CREDIT SHOULD BE BASED ONLY ON

1. Substantial contributions to conception and design, or acquisition of data, or analysis and interpretation of data;
2. Drafting the article or revising it critically for important intellectual content; and
3. Final approval of the version to be published.

Conditions 1, 2, and 3 must all be met. Acquisition of funding, the collection of data, or general supervision of the research group, by themselves, do not justify authorship. The order of authorship on the byline should be a joint decision of the co-authors.

Authors should be prepared to explain the order in which authors are listed. Once submitted the order cannot be changed without written consent of all the authors. For a study carried out in a single institute, the number of authors should not exceed six. For a case-report and for a review article, the number of authors should not exceed four. For short communication, the number of authors should not be more than three. A justification should be included, if the number of authors exceeds these limits. Only those who have done substantial work in a particular field can write a review article. A short summary of the work done by the authors (s) in the field of review should accompany the manuscript. The journal expects the authors to give post-publication updates on the subject of review. The update should be brief, covering the advances in the field after the publication of article and should be sent as letter to editor, as and when major development occur in the field.

## SENDING THE MANUSCRIPT TO THE JOURNAL

Articles should be submitted online through Email at [bfujns@gmail.com](mailto:bfujns@gmail.com). New authors will have to register as author by clicking on the site [www.indianjournals.com](http://www.indianjournals.com) then login on to Baba Farid University Nursing Journal , which is a simple two step procedure.

1. First Page File: Prepare the title page, covering letter, acknowledgement, etc., using a word processor program. All information which can reveal your identity should be here. Do not zip the files.

2. Article file: The main text of the article, beginning from Abstract till References (including tables) should be in this file. Do not include any information such as acknowledgement, your names in page headers, etc., in this file. Do not zip the files. Limit the file size to 400 kb. Do not incorporate images in the file. If the file size is large, graphs can be submitted as images separately without incorporating them in the article file to reduce the size of the file.

3. Images: Submit good quality colour images. Each image should be less than 100 kb in size. Size of the image can be reduced by decreasing the actual height and width of the images (keep up to 400 pixels or 3 inches). All image formats (jpeg, tiff, gif, bmp, png, eps, etc.) are acceptable; jpeg is most suitable. The images should be scanned at 72 dpi, size not more than 3x4 inches (or 300x400 pixels), with only the necessary portion of the photographs. Wherever necessary, scan at grayscale (e.g. x-rays, ECGs)

4. Legends: Legends for the figures/images should be included at the end of the article file. The authors' form and copyright transfer form has to be submitted to the editorial office by post, in original with the signature s of all the authors within two weeks of online submission. Images related to the articles should be sent in a 'compact disc' or as hard copies to the journal office at the time of acceptance of the manuscript. These images should of high resolution and exceptional quality.

### EDITORIAL OFFICE

Prof. H.C.Rawat , Prof. Dr. Suresh K sharma

Editors

Baba Farid University Nursing Journal

Baba Farid University of Health Sciences, Sadiq Road Faridkot – 151203 Punjab, India

Email: [bfujns@gmail.com](mailto:bfujns@gmail.com)

[profhcrawat@gmail.com](mailto:profhcrawat@gmail.com) , [dr.sureshsharma@ymail.com](mailto:dr.sureshsharma@ymail.com)

### PREPARATION OF THE MANUSCRIPT

The text of observational and experimental articles should be divided into sections with the headings: Introduction, Methods, Results, Discussion, References, Tables, Figures, Figure

legends, and Acknowledgment. Do not make subheadings in these sections. The manuscripts should be typed in A4 size (212 × 297 mm) paper, with margins of 25 mm (1 inch) from all the four sides. Use font size of 12 Times New Roman with 1.5 spacing throughout. Number pages consecutively, beginning with the title page. The language should be British English.

#### TITLE PAGE

The title page should carry

1. Type of manuscript
2. The title of the article, which should be concise, but informative;
3. Running title or short title not more than 50 characters;
4. Name of the authors (the way it should appear in the journal), with his or her highest academic degree(s) and institutional affiliation;
5. The name of the department(s) and institution(s) to which the work should be attributed;
6. The name, address, phone numbers, facsimile numbers, and e-mail address of the contributor responsible for correspondence about the manuscript;
7. The total number of pages, total number of photographs and word counts separately for abstract and for the text (excluding the references and abstract).
8. Source(s) of support in the form of grants, equipment, drugs, or all of these; and
9. If the manuscript was presented as part at a meeting, the organization, place, and exact date on which it was read.

#### ABSTRACT PAGE

The second page should carry the full title of the manuscript and an abstract (of no more than 150 words for case reports, brief reports and 250 words for original articles). The abstract should be structured and state the Context (Background), Aims, Settings and Design, Methods and Material, Statistical analysis used, Results and Conclusions. However abstract may be unstructured for review articles. Case reports, letters and review do not require any abstract. Below the abstract should provide 3 to 10 key word.

#### **TEXT FORMATTING**

The text should be written in grammatically correct English. It should be typed double spaced throughout with at least one inch margins on all sides. The text should be divided into

sections with the headings: introduction, objectives, material & methods, results, discussions, conclusion.

- INTRODUCTION / BACKGROUND OF THE STUDY
- AIMS /OBJECTIVES: State the purpose of the article and summarize the rationale for the study or observation.
- MATERIAL & METHODS: which must include type of research design, research setting, target population, sampling technique, sample size, procedure, tools & methods of data collection, plan for data analysis etc. .

Authors submitting review manuscripts should include a section describing the methods used for locating, selecting, extracting, and synthesizing data. These methods should also be summarized in the abstract.

- ETHICAL CONSIDERATIONS

When reporting experiments on human subjects, indicate whether the procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional or regional) and with the Helsinki Declaration of 1975, as revised in 2000. Do not use patients' names, initials, or hospital numbers, especially in illustrative material. When reporting experiments on animals, indicate whether the institutions or a national research council's guide for, or any national law on the care and use of laboratory animals was followed.

- STATISTICS

When possible, quantify findings and present them with appropriate indicators of measurement error or uncertainty (such as confidence intervals). Report losses to observation (such as dropouts from a clinical trial). Put a general description of methods in the Methods section. When data are summarized in the Results section, specify the statistical methods used to analyze them. Avoid non-technical uses of technical terms in statistics, such as 'random' (which implies a randomizing device), 'normal', 'significant', 'correlations', and 'sample'. Define statistical terms, abbreviations, and most symbols. Use upper italics ( $P < 0.05$ ).

- RESULTS

Present the results in logical sequence in the text, tables, and illustrations. Do not repeat in the text all the data in the tables or illustrations; emphasize or summarize only important observations.

- **DISCUSSION**

Emphasize the new and important aspects of the study and the conclusions that follow from them. Do not repeat in detail data or other material given in the Introduction or the Results section. Include in the Discussion section the implications of the findings and their limitations, including implications for future research. Relate the observations to other relevant studies. In particular, contributors should avoid making statements on economic benefits and costs unless their manuscript includes economic data and analyses. Avoid claiming priority and alluding to work that has not been completed. State new hypotheses when warranted, but clearly label them as such. Recommendations, when appropriate, may be included.

- **CONCLUSION**

- **NURSING IMPLICATION & RECOMMENDATIONS**

- **ACKNOWLEDGMENTS**

As an appendix to the text, one or more statements should specify

1. Contributions that need acknowledging but do not justify authorship, such as general support by a departmental chair;
2. Acknowledgments of technical help; and
3. Acknowledgments of financial and material support, which should specify the nature of the support. This should be the last page of the manuscript.

- **REFERENCES**

References should be numbered consecutively in the order in which they are first mentioned in the text (not in alphabetic order). Identify references in text, tables, and legends by Arabic numerals in superscript. References cited only in tables or figure legends should be numbered in accordance with the sequence established by the first identification in the text of the particular table or figure. Use the style of the examples below, which are based on the formats used by the NLM in Index Medicus. The titles of journals should be abbreviated according to the style used in Index Medicus. Use complete name of the journal for non-indexed journals. Avoid using abstracts as references. Information from manuscripts submitted but not accepted should be cited in the text as "unpublished observations" with written permission from the source. Avoid citing a "personal communication" unless it provides essential information not available from a public source, in which case the name of the person and date of communication should be cited in parentheses in the text. For scientific articles, contributors should obtain written permission and confirmation of accuracy from the source of a personal

communication. If the number of authors is more than six, list the first six authors followed by et al.

## REFERENCES

Number of references consecutively in the order in which they are first mentioned in the manuscript. Follow the style used Index Medicus (Vancouver Style).

### Examples of Vancouver's style:

#### BOOK:

1. Sharma SK. Nursing Research & Statistics. 1<sup>st</sup> ed. New Delhi: Elsevier 2011.

#### JOURNAL

(Mention the names of the six authors; increase more than six; than after six names use et al.)

1. Walia I, Kalia R, Chopra S. Initiation of breast feeding: The cultural factors. Nursing and Midwifery research journal Oct 2006;2(4);10-18

#### WEBSITE:

1. Macleen C. Children, family, community and work: an ethnography of the oil and gas industry in Scotland, [http://www.abdn.ac.uk/reviewed\\_on\\_3/12/2010](http://www.abdn.ac.uk/reviewed_on_3/12/2010)

#### UNPUBLISHED THESIS / DISSERTATION:

1. Kumari S. A comparative study of nursing service in selected hospitals of Punjab, Haryana, Chandigarh. Unpublished thesis of department of public administration, Punjab University, 2006.

## TABLES

Tables should be self-explanatory and should not duplicate textual material. Tables with more than 10 columns and 25 rows are not acceptable.

Type or print out each table with double spacing on a separate sheet of paper. If the table must be continued, repeat the title on a second sheet followed by "(contd.)". Number tables, in Arabic numerals, consecutively in the order of their first citation in the text and supply a brief title for each. Explanatory in Place matter footnotes, not in the heading. Explain in footnotes all non-standard abbreviations that are used in each table. Obtain permission for all fully borrowed, adapted, and modified tables and provide a credit line in the footnote. For footnotes use the following symbols, in this sequence: \*, †, ‡, §, ¶, \*\*, ††, ‡‡

## ILLUSTRATIONS (FIGURES)

- Figures should numbered Figures be consecutively according to the order in which they have been first cited in the text.

- Symbols, arrows, or letters used in photomicrographs should contrast with the background and should mark neatly with transfer type or by tissue overlay and not by pen.
- Titles detailed belong in the legends for illustrations not on the illustrations themselves.
- When graphs, scatter-grams histograms are submitted the numerical data on which they are based should also be supplied.
- The photographs and figures should be trimmed to remove all the unwanted areas.
- If photographs of people are used, either the subjects must not be identifiable or their pictures must be accompanied by written permission to use the photograph.
- If a figure has been published, acknowledge the original source and submit written
- Permission from the copyright holder to reproduce the material. A credit line should appear in the legend for figures for such figures.
- The Journal reserves the right to crop, rotate, reduce, or enlarge the photographs to an acceptable size.

#### FOR ONLINE SUBMISSION

- Submit good quality colour images. Each image should be less than 100 kb in size. Size of the image can be reduced by decreasing the actual height and width of the images (keep up to 400 pixels or 3 inches).
- All image formats (jpeg, tiff, gif, bmp, png, eps, etc.) are acceptable; **jpeg** is most suitable.
- The images should be scanned at 72 dpi, size not more than 3x4 inches (or 300x400 pixels), with only the necessary portion of the photographs. Wherever necessary, scan at greyscale (e.g.x-rays, ECGs).
- For hard copies (to be submitted only after acceptance of the manuscript) send sharp, glossy, un-mounted, colour photographic prints, with height of 4 inches and width of 6 inches.
- Each figure should have a label pasted (avoid use of liquid gum for pasting) on its back indicating the number of the figure, the running title, top of the figure and the legends of the figure. Do not write the contributor/s' name/s. Do not write on the back of figures, scratch, or mark them by using paper clips.
- Labels, numbers, symbols Labels, and should be clear and of uniform size. The lettering for figures should be large enough to be legible after reduction to fit the width of a printed column.
- For soft copies (to be submitted only after acceptance of the manuscript)
- Use a Compact Disc. There should be no other document, file, or material on the disc other than the images.



- Label the disc with first authors' name, short title of the article, type of image (eg. Jpeg, tiff), and file name.

#### LEGENDS FOR ILLUSTRATIONS

Type or print out legends (maximum 40 words, excluding the credit line) for illustrations using double spacing, with Arabic numerals corresponding to the illustrations.

When symbols, arrows, numbers, or letters are used to identify parts of the illustrations, identify and explain each one clearly in the legend.

Explain the internal scale and identify the method of staining in photomicrographs.

#### PROTECTION OF PATIENTS' / STUDY SUBJECTS RIGHT RIGHTS TO PRIVACY

Identifying information should not be published in written descriptions, photographs, sonograms, CT scans, etc., and pedigrees unless the information is essential for scientific purposes and the patient (or parent or guardian) gives written informed consent for publication. Informed consent for this purpose requires that the patient be shown the manuscript to be published. When informed consent has been obtained, it should be indicated in the article and copy of the consent should be attached with the covering letter.

#### SENDING A REVISED MANUSCRIPT

While submitting a revised manuscript, contributors are requested to include, along with single copy of the final revised manuscript, a photocopy of the revised manuscript with the changes underlined in red and copy of the comments with the point to point clarification to each comment. The manuscript number should be mentioned without fail. The authors' form and copyright transfer form has to be submitted in original with the signatures of all the contributors at the time of submission of revised copy.

#### COPYRIGHTS

The whole of the literary matter is the copyright of the Editorial Board. The Journal, however, grants to all users a free, irrevocable, worldwide, perpetual right of access to, and a license to copy, use, distribute, perform and display the work (either in pre-print or post-print format) publicly and to make and distribute derivative works in any digital medium for any reasonable non-commercial purpose, subject to proper attribution of authorship and ownership of the rights. The journal also grants the right to make small numbers of printed copies for their personal non-commercial use.

CONTRIBUTORS' FORM

Manuscript Title \_\_\_\_\_ I / We certify that I/we have participated sufficiently in the intellectual content, conception and design of this work or the analysis and interpretation of the data (when applicable), as well as the writing of the manuscript, to take public responsibility for it and have agreed to have my/our name listed as a contributor. I/we believe the manuscript represents valid work. Neither this manuscript nor one with substantially similar content under my/our authorship has been published or is being considered for publication elsewhere, except as described in the covering letter. I/we certify that all the data collected during the study is presented in this manuscript and no data from the study has been or will be published separately. I/we attest that, if requested by the editors, I/we will provide the data/information or will cooperate fully in obtaining and providing the data/information on which the manuscript is based, for examination by the editors or their assignees. Financial interests, direct or indirect, that exist or may be perceived to exist for individual contributors in connection with the content of this paper have been disclosed in the cover letter. Sources of outside support of the project are named in the cover letter.

I/We hereby transfer(s), assign(s), or otherwise convey(s) all copyright ownership, including any and all rights incidental thereto, exclusively to Baba Farid University Nursing Journal , in the event that such work is published by Baba Farid University Nursing Journal . Baba Farid University Nursing Journal shall own the work, including 1) copyright; 2) the right to grant permission to republish the article in whole or in part, with or without fee; 3) the right to produce preprints or reprints and translate into languages other than English for sale or free distribution; and 4) the right to republish the work in a collection of articles in any other mechanical or electronic format. We give the rights to the corresponding author to make necessary changes as per the request of the journal, do the rest of the correspondence on our behalf and he/she will act as the guarantor for the manuscript on our behalf. All persons who have made substantial contributions to the work reported in the manuscript, but who are not authors, are named in the Acknowledgment and have given me/us their written permission to be named. If I/we do not include an Acknowledgment that means I/we have not received substantial contributions from non-authors and no author has been omitted.

Name signed	Signature	Date
1 ----- -----	-----	-----
2 ----- -----	-----	-----

3 -----  
-----

(up to three authors for short communication)

4 -----  
-----

(up to four authors for case report/review)

5 -----  
-----

6 -----  
-----

(up to six authors for original studies from single centre)

Checklist (to be tick marked, as applicable and one copy attached with the manuscript)

Manuscript Title \_\_\_\_\_

#### COVERING LETTER

- Signed by all contributors
- Previous publication / presentations mentioned
- Source of funding mentioned
- Conflicts of interest disclosed

#### AUTHORS

Middle name initials provided

Author for correspondence, with e-mail address provided

Number of contributors restricted as per the instructions

Identity not revealed in paper except title page (e.g. name of the institute in material and methods, citing previous study as 'our study', names on figure labels, name of institute in photographs, etc.)

#### PRESENTATION AND FORMAT

- Double spacing
- Margins 2.5 cm from all four sides
- Title page contains all the desired information (vide supra)
- Running title provided (not more than 50 characters)
- Abstract page contains the full title of the manuscript
- Abstract provided (not more than 150 words for case reports and 250 words for original articles)

- Structured abstract provided for an original article
- Key words provided (three or more)
- Key messages provided
- Introduction of 75-100 words
- Headings in title case (not ALL CAPITALS)
- References cited in superscript in the text without brackets
- References according to the journal's instructions, punctuation marks checked

#### LANGUAGE AND GRAMMAR

- Uniformly British English
- Abbreviations spelt out in full for the first time
- Numerals from 1 to 10 spelt out
- Numerals at the beginning of the sentence spelt out

#### TABLES AND FIGURES

- No repetition of data in tables and graphs and in text
- Actual numbers from which graphs drawn, provided
- Figures necessary and of good quality (colour)
- Table and figure numbers in Arabic letters (not Roman)
- Labels pasted on back of the photographs (no names written)
- Figure legends provided (not more than 40 words)
- Patients' privacy maintained (if not permission taken)
- Credit note for borrowed figures/tables provided
- Manuscript provided on a compact disc (CD) (with single spacing)