

Baba Farid University of Health Sciences, Faridkot

Minutes of the Research Degree Committee (RDC) held in the Academic Block of BFUHS on 7.11.2012 at 11.00am to consider the synopsis of candidates for registration for the degree of Ph.D. Nursing under the Faculty of Nursing Sciences, BFUHS.

Present

1. Dr. Ravinder Kaur Shukla, COE, BFUHS, Faridkot : Chairperson
2. Dr. (Mrs.) K.J. Gill, Principal, Shaheed Kartar Singh Sarabha College of Nursing, Sarabha, Distt. Ludhiana : Member
3. Dr. (Mrs.) Raman Kalia, Principal, Saraswati Nursing Instt. Kurali, Vill. Dhyanpura, Distt. Roop Nagar : Member
4. Dr. (Mrs.) Surinder Jaspal, Principal, Gian Sagar College of Nursing, Ram Nagar (Banur), Distt. Patiala : Member
5. Dr. (Mrs.) Jasbir Kaur, Principal, College of Nursing, DMC, Ludhiana : Member
6. Dr. (Mrs.) Kiran Batra, Principal, Silver Oaks College of Nursing, Abhipur, Tehsil Khizrabad, Distt. Mohali : Member
7. Dr. (Mrs.) Inderjit Walia, Rattan Professional Education College VPO Sohana, Mohali : Member
8. Dr. Zora Singh, Prof. Deptt. of Anatomy, Guru Gobind Singh Medical College, Faridkot : Member
9. Dr. Rajiv Manhas, Deputy Librarian BFUHS, Faridkot : Member
10. Dr. Ghansham, Lecturer in Statistics, GGSMC, Faridkot : Member (Special Invitee)

1. The following applicants appeared before the RDC committee and presented their synopsis in detail:-

- i) Ms. Shabnam Masih
- ii) Ms. Rimle Ericson
- iii) Ms. Riya, Lecturer
- iv) Ms. Preety Alagh
- v) Ms. Amanpreet Kaur
- vi) Ms. Daljit Kaur
- vii) Ms. Manjeet Kaur
- viii) Ms. Davinder Kaur
- ix) Ms. Sharanjit Kaur
- x) Ms. Vishali Galhotra
- xi) Ms. Shivani Sharma
- xii) Ms. Pushpa Oran
- xiii) Ms. Arti
- xiv) Ms. Bandana Bisht
- xv) Ms. Manpreet Dhaliwal
- xvi) Ms. Himani
- xvii) Ms. Narinder Kaur Walia
- xviii) Ms. Nidhi Arora
- xix) Ms. Manpreet Kaur

2. The RDC committee approved the synopsis of the applicants with the following remarks:-

- i) **Ms. Shabnam Masih (Applicant):- Proposed subject of Ph.D. thesis "An experimental study to assess Effectiveness of Dance Movement Therapy and Meditation on Aggression and the Social Competence among Adolescents in Selected Schools of Ludhiana, Punjab."**

RESOLVED: It was suggested to re-submit the same after incorporating modifications in the research title and some other alterations as suggested by the members of RDC. The word "Aggression" has to be replaced by some other appropriate word in the research title. She has to improve the research methodology as it is not unambiguous and add the including study tool along with the consent form in the synopsis. She has to make use of the standardized tool with standardized inputs. She has to improve the review of literature and add the list of references in the synopsis.

- ii) **Ms. Rimple Ericson (Applicant):- Proposed subject of Ph.D. thesis "A quasi experimental study to assess the effect of Progressive Muscle Relaxation Technique and Laughter Therapy on Anxiety and Quality of Life of Adolescents in Selected Senior Secondary School, Ludhiana, Punjab**

RESOLVED: It was suggested to re-submit the same after incorporating the modifications as suggested by the members of RDC.

- iii) **Riya (Applicant):- Proposed subject of Ph.D. thesis "A randomized control trial to assess the effect of No Mind Meditation Therapy (NMMT) on depressive symptoms, anxiety and locus of control among student nurses in selected institutions Ludhiana, Punjab".**

RESOLVED: It was suggested to re-submit the same after incorporating some modifications. She has to rewrite the research methodology and add the observation sheet along with the consent form in the synopsis. She has to clearly mention the process of randomization and add the scales of measurement for Anxiety and Depression in the synopsis. She has to concise the review of literature and add the list of references in the prescribed format in the synopsis. She should also remove the grammatical mistakes.

- iv) **Ms. Preety Alagh (Applicant):- Proposed subject of Ph.D. thesis " A quasi-experimental study to assess the effectiveness of antenatal expression of milk at term versus conventional method of milk expression on lactational performance among postnatal women at selected hospital of Patiala, Punjab".**

RESOLVED: It was suggested to re-submit the same after incorporating some modifications. It was suggested to have a co-guide in this study. She has to consider a broad range for the target population and increase the sample size up to 400 cases i.e. 200 cases in each of the two legs. She has to add the information brochure, observation sheet, assessment check list along with the consent form in the synopsis. She has to add development tool also in the synopsis and synopsis should be in university format.

- v) **Ms. Amanpreet Kaur (Applicant):- Proposed subject of Ph.D. thesis " An experimental study to assess the Effect of Slow Yoga and Fast Yoga Training on selected parameters of Pulmonary Function Tests among women using biomass as cooking fuel in randomly selected villages of Faridkot, Punjab**

RESOLVED: It was suggested to re-submit the synopsis after incorporating the modifications.

- vi) **Ms. Daljit Kaur (Applicant):- Proposed subject of Ph.D. thesis "A pre-experimental study to evaluate effect of regular counseling on treatment compliance of Opioid Dependent Clients attending Swami Vivekanand De-addiction Centre in the Deptt. of Psychiatry at Guru Nanak Dev Hospital, Amritsar, Punjab"**

RESOLVED: It was suggested to re-submit the synopsis after revising the topic.

- vii) **Ms. Manjeet Kaur (Applicant):- Proposed subject of Ph.D. thesis "A phenomenological study on the experiences of patients living with traumatic amputations in Punjab and Chandigarh."**

RESOLVED: It was suggested to re-submit the same after adding the consent form along with the report of analysis to be given to the volunteers in the synopsis. She has to include the references as per the guidelines of the university.

- viii) **Ms. Davinder Kaur (Applicant):- Proposed subject of Ph.D. thesis "A randomized clinically controlled trial for comparison of open versus closed catheter access system in prevention of catheter related blood stream infections among critically ill patients admitted in intensive care units."**

RESOLVED: It was suggested to re-submit the same after incorporating the modifications. She has to make clear the process of blinding and add the consent form in the synopsis.

- ix) **Ms. Sharanjit Kaur (Applicant):- Proposed subject of Ph.D. thesis "A quasi experimental study to assess the effectiveness of psychosocial intervention on quality of life of gynecological cancer patients in GGS Medical Hospital, Faridkot"**

RESOLVED: It was suggested to re-submit the same after incorporating the modifications. She has to modify her topic statement. She has to add the consent form, study tool and references in the university prescribed format.

- x) **Ms. Vishali Galhotra (Applicant):-Proposed subject of Ph.D. thesis "A randomized control trail on the effectiveness of Multifaceted Interventional Programme on climacteric symptoms of menopause and quality of life among perimenopausal and menopausal women in selected areas of Punjab"**

RESOLVED: It was suggested to re-submit the same after incorporating the modifications. She has to add the consent form, observation sheet and include the references as per the guidelines of the university. She has to include the planning regarding the lecture in community.

- xi) **Ms. Shivani Sharma (Applicant):-Proposed subject of Ph.D. thesis " A quasi experimental study to evaluate the effectiveness of training program on use of WHO partograph versus simple modified partograph on the practices of nursing personnel and maternal, perinatal outcomes in the selected Health Centres of Mohali and Patiala Districts of Punjab".**

RESOLVED: It was suggested to re-submit the same after incorporating the modifications. She has to rename the topic and include one co-guide

especially obstetrician to facilitate the observations. She has to add the consent form and include the references as per the guidelines of the university.

- xii) **Ms. Pushpa Oran (Applicant):-Proposed subject of Ph.D. thesis "A comparative study to assess the effectiveness of emotional intelligence training module versus progressive relaxation technique and their association to academic performance among nursing students of selected nursing colleges of Punjab.**

RESOLVED: It was suggested to re-submit the same after incorporating the modifications as suggested by the members of RDC. She has to consider nursing first year students of GNM & B.Sc from all the three regions of Punjab as her study population and choose any five colleges from each one. She has to add the consent form, observation sheet and the references should be as per the guidelines of the university.

- xiii) **Ms. Arti (Applicant):-Proposed subject of Ph.D. thesis "A study to assess the effectiveness of structured teaching programme regarding HPV & cervical cancer on the knowledge, preventive behaviors among college girls in the selected colleges of District Patiala, Punjab".**

RESOLVED: It was suggested to re-submit the same after incorporating the modifications. She has to add the consent form, observation sheet and the references in the prescribed format of the university in the synopsis. She has to complete her synopsis in all respect. She has to use the expended form of the word HPV in the topic statement.

- xiv) **Ms. Bandana Bisht (Applicant):-Proposed subject of Ph.D. thesis "A Phenomenological study on workplace conflicts among nurses of selected hospitals in Punjab".**

RESOLVED: She has to submit her synopsis after incorporating some modifications. She has to change the topic statement. She has to add the consent form and observation sheet and the results of the pilot study in the synopsis. She has to complete her synopsis in all respect or otherwise change the topic.

- xv) **Ms. Manpreet Dhaliwal (Applicant):-Proposed subject of Ph.D. thesis "An operational study on development of skill in breast self examination among women residing in selected urban and rural communities at district Shaheed Bhagat Singh Nagar, Punjab in 2013".**

RESOLVED: She has to re-submit her synopsis after revising the topic.

- xvi) **Ms. Himani (Applicant):-Proposed subject of Ph.D. thesis "A quasi-experimental study on the effect of initiation of breast-feeding within one hour of the delivery on "Maternal- Infant Bonding" among mother-infant dyad and "Social Emotional Development" of the child, in obstetric unit of Government Multi-Speciality Hospital, PGIMER, Chandigarh".**

RESOLVED: RESOLVED: She has to re-submit her synopsis after revising the topic.

- xvii) **Ms. Narinder Kaur Walia(Applicant):-Proposed subject of Ph.D. thesis "An exploratory study on adverse-effects experienced and embodying**

identity among breast cancer patients receiving chemotherapy at selected hospitals in Punjab ".

RESOLVED: She has to modify the topic statement and develop the self care guidelines. She has to add the consent form, observation sheet and the references in the prescribed university format in the synopsis. The references indications should be as per the university guidelines.

- xviii) **Ms. Nidhi Arora(Applicant):-Proposed subject of Ph.D. thesis " A randomized control trial on efficacy of ginger extract in prevention and management of morning sickness among pregnant women visiting antenatal OPD of selected hospitals at Ludhiana, Punjab ".**

RESOLVED: It was suggested to re-submit the synopsis after incorporating the modifications. She has to add planning of the follow-up of the cases and add the consent form, observation sheet and the references in the prescribed format in the synopsis. The references indications should be as per the university guidelines.

- xix) **Ms. Manpreet Kaur(Applicant):-Proposed subject of Ph.D. thesis "A comparative study on prevalence of fall, its contributory factors, health consequences and life style modifications among elderly in selected urban and rural communities of Amritsar, Punjab ".**

RESOLVED: It was suggested to re-submit the same after incorporating the modifications. She has to add the references in the prescribed format of the university in the synopsis.

All the above mentioned candidates has to submit the synopsis strictly according to university format. Last date for submission of Synopsis after modifications is 7th December, 2012.

Sd/-
(Dr. Ravinder Kaur Shukla)
Chairperson