## All Saints Institute of Medical Sciences and Research, Ludhiana

Sr. no	Name of the	Specialty	Topic of thesis
	Candidates		
1.	Shivyaa	MPT-	Comparison of Immersive Virtual Reality Game based Balance Training and
	Kakkar	Neurology	Conventional Balance Training in Chronic Stroke Patients.
2.			Effectiveness of Immersive Virtual Reality Game Based Training Versus
	Anuj G. Nair	MPT- Neurology	Conventional Balance Training Exercises on Balance and Risk of Fall in Elderly
	-		Population .
3.			Effect of Virtual Reality Games based Intervention on Trunk Control during Sitting
	Navneet Kaur	MPT- Neurology	among Spastic Cerebral Palsy Children.
4.	Minal Goyal	MPT- Sports	Effect of Immersive Virtual Reality environment on Reaction Time Coordination and agility among Collegiate Students.

## Dasmesh College of Physiotherapy, Faridkot

Sr no	Name of the	Specialty	Topic of thesis
	candidates		
1.	Ms. Jaspreet	MPT	Role of dynamic extension and Core stabilization in Mechanical Low Back Pain.
	Kaur	(Orthopaedics)	
2.	Ms. Rupali	MPT	Role of Cervical Traction and Neural Mobilization in C5-C6 Radiculopathy
		(Orthopaedics)	
3.	Ms. Iffat Bhatti	MPT	A comparative study on effectiveness of Therapeutic Ultrasound and Kinesio Tape
		(Orthopaedics)	in Treatment of Tennis elbow.
		-	
4.	Mr. Sandeep	MPT	A comparative study of Isometric strengthening exercises versus Stretching
	Singh	(Orthopaedics)	exercises on pain and functional disability in patients with mechanical neck pain.
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## **DAV Institute of Physiotherapy , Jalandhar**

SR. NO	NAME	SPECIALITY	ТОРІС
1	KHUSHBOO	MPT (NEUROLOGY)	A STUDY TO DETERMINE HOW ACTIVE ARE THE STROKE PATIENTS DURING PHYSIOTHERAPY SESSIONS AND ITS ASSOCIATION WITH COGNITIVE ABILITIES AND DEPRESSION: PROSPECTIVE COHORT STUDY.
2	CAROLINA WALIA	MPT (ORTHOPAEDI CS)	A STUDY TO COMPARE THE TWO APPROACHES OF NERVE FLOSSING TECHNIQUE ON PAIN, LUMBAR MOBILITY AND STRIAGHT LEG RAISE IN SUBJECTS WITH SCIATICA.
3	KOMALPREET SINGH	MPT (ORTHOPAEDI CS)	A STUDY TO COMPARE THE EFFECTS OF KENDALL EXERCISES VERSUS MUSCLE ENERGY TECHNIQUE ON MECHANICAL NECK PAIN AND DISABILITY AMONG SUBJECTS WITH FORWARD HEAD POSTURE.
4	MANPREET KAUR	MPT (ORTHOPAEDI CS)	A STUDY TO COMPARE THE EFFECT OF PROPRIOCEPTIVE NEUROMUSCULAR FACILITATION AND SCAPULAR STABILIZATION EXERCISES ON SHOULDER PAIN, RANGE OF MOTION AND DISABILITY AMONG PATIENTS WITH ADHESIVE CAPSULITIS.
5	SONALI ARORA	MPT (ORTHOPAEDI CS)	THE EFFECT OF COVID-19 PANDEMIC ON ANXIETY, DEPRESSION AND PHYSICAL ACTIVITY AMONG HEALTHCARE PROFESSIONALS IN JALANDHAR CITY.
6	SIMRAN	MPT (ORTHOPAEDI CS)	A STUDY TO COMPARE THE EFFECT OF STRAIN COUNTER STRAIN TECHNIQUE AND MUSCLE ENERGY TECHNIQUE ON PAIN, CERVICAL RANGE OF MOTION AND DISABILITY AMONG SUBJECTS WITH CERVICOGENIC HEADACHE.

7	PALAK MAHAJAN	MPT (ORTHOPAEDI CS)	TO COMPARE THE EFFECTS OF HOLD-RELAX TECHNIQUE AND FOAM ROLLER EXERCISE ON HAMSTRING MUSCLE TIGHTNESS, DYNAMIC BALANCE AND JUMP PERFORMANCE AMONG STUDENTS OF HEALTH SCIENCES IN JALANDHAR CITY.
8	SAHIL AGGARWAL	MPT (ORTHOPAEDI CS)	TO STUDY THE EFFECT OF BREATHING EXERCISES ON CHEST MOBILITY,OXYGEN SATURATION LEVEL AND PULSE RATE IN COVID - 19 RECOVERED PATIENTS.
9	HARPREET KAUR	MPT (SPORTS)	EVALUATION OF POSTURAL SWAY AND ITS CORRELATION WITH VARIOUS GRADES OF KNEE OSTEOARTHRITIS USING PRESSURE MEASURING SYSTEM.
10	GURPREET SINGH PARMAR	MPT (SPORTS)	THE EFFECT OF SCAPULOTHORACIC STABILIZATION AND FLEXI-BAR EXERCISES ON PAIN, RANGE OF MOTION AND DISABILITY AMONG SUBJECTS WITH CHRONIC NECK PAIN: A COMPARATIVE STUDY
11	SUMANDEEP KAUR	MPT (SPORTS)	A STUDY TO COMPARE THE EFFECT OF LUMBAR STABILIZATION AND FLEXI- BAR TRUNK EXERCISES ON PAIN, RANGE OF MOTION AND DISABILITY AMONG PATIENTS WITH CHRONIC LOW BACK PAIN
12	GAGAN DEEP	MPT (SPORTS)	A STUDY TO COMPARE THE EFFECTS OF LUMBAR DYNAMIC STRENGTHENING EXERCISES AND CORE STABILIZATION EXERCISES ON PAIN, RANGE OF MOTION,BALANCE AND DISABILITY IN SUBJECTS WITH CHRONIC LOW BACK PAIN.
13	MANJOT KAPOOR	MPT (SPORTS)	A COMPARATIVE ANALYSIS OF EMG ACTIVITY IN QUADRICEPS AND HAMSTRING MUSCLES OF TRAINED ATHLETES AND UNTRAINED ADULTS AT DIFFERENT ANKLE POSITIONS DURING SQUATTING.

## University College of Physiotherapy, Faridkot

	Name of the	Specialty	Topic of thesis
Sr no	Candidates		
1.	Anmol Narang	MPT	Comparison of effects of motor relearning Programme and mirror Therapy on
		(Neurology)	upper extremity functions in post stroke patients-A Randomized Control Trial.
2.	Akanksha Nagar	MPT	Impact of structured physiotherapeutic Programme in patients with Cerebellar
	•	(Neurology)	Ataxia –A Randomised Controlled Trial on Indian Population
3.	Dr. Manisha	MPT	Efficacy of modified constraint –induced movement therapy in patients who have
		(Neurology)	undergone medial /ulnar nerve repair around wrist.
4.	Dr. Puneet Kaur	MPT	Efficacy of accelerated rehabilitation program on patients who have undergone acl
		(Orthopaedics)	reconstruction
5.	Dr. Kiranpreet	MPT	Effectiveness of rehabilitation exercise program along with neuromuscular
	Kaur	(Orthopaedics)	electrical stimulation (NMES) on patients who have undergone total knee
		_	Arthroplasty in terms of knee pain , knee ROM Quadriceps strength and functional
			outcomes – A Quasi Experimental Study.